



Using Technology and Assistive Devices to Age in Place

Presented by Tammy Pereboom, ATP

Tammy Pereboom, ATP, North Carolina Assistive Technology Program

Wednesday, December 16 | 10 a.m. − 11:00 a.m.

Using Technology and Assistive Devices to Age in Place

Assistive Technology is defined as anything that can help someone perform a functional task easier. During this session we will learn about different devices that can help you maintain your independence and live in your home. The devices will range from simple devices such as a long handled sponge to complex computer based options. This session will be an overview of items for daily living, vision, hearing, computer access and environmental control. During this conference, Tammy will show us pictures, videos and demonstrations of the different types of equipment that can keep us safe in our homes. This session will be an overview of some of the devices she will show more specifically during the January series. Register in advance for this webinar here.

Tuesday, January 12 | 10 a.m. – 11 a.m.

Assistive Technology for Vision and Hearing

This session will include demonstrations, pictures and videos of various adaptive devices that can assist with vision or hearing challenges. The visual items will either magnify items or change the color or even read to you. We will see items to amplify sound as well as items for alerting to common sounds such as doorbell, alarm clock. Register in advance for this webinar here.

Wednesday, January 13 | 10 a.m. − 11 a.m.

Using Adaptive Devices in Our Everyday Activities

This session will include demonstrations, pictures and videos of various adaptive devices that can assist with every day activities such as bathing, dressing, grooming, cooking and house cleaning. These items will show safer ways to accomplish the tasks while maintaining your independence. Register in advance for this webinar here.

Thursday, January 14 | 10 a.m. − 11 a.m.

Using a Computer or Phone for Independence

This session will include tips and tricks to use your computer or cellphone easier. We will see demonstrations of using an Alexa/Google home device to turn on the lights as well as control a television. Register in advance for this webinar here.

After registering, you will receive a confirmation email containing information about joining the webinar.

For additional informational, please contact Sandra Breakfield, Program Director Elder Ministry at 704-370-3220 or sabreakfield@charlottediocese.org

